

# Monologue Reflection

## Guiding Questions

1. Why did you choose this monologue?
2. Do you think you used your time wisely in rehearsing this monologue? If not, why?
3. When rehearsing what was the main focus?
4. Were there any worries or concerns you had prior to performing your monologue?
5. If you performed for a friend, family member or teacher in rehearsing this monologue, what was the feedback? How did this help you before your assessment?
6. Did you use any specific acting techniques (Stanislavski, Meisner, Adler, Hagan, etc) in preparing this monologue?
7. Discuss the clothes you wore for this performance. Did they help you to 'find the part'? Were they appropriate for an audition or competition? If so, how?
8. What were your strengths? What were your weaknesses?
9. How did you feel before you performed? How did you feel when you were on stage? How did you feel afterwards?
10. How might this experience serve you well in life for the future? How did you feel when you watched other peoples' performances? Did you have an epiphany or a realization about anything? Did you feel inspired by any other figure or gain a new perspective on a person who you may have viewed differently in the past?
11. What would you change overall and why if you could go through the whole process again?
12. Evaluate another performance that you saw that day. Discuss the strengths and what you maybe would have done differently and why.
13. How might any theory/approach help you with this project? Do you feel as if you truly stepped into your person's shoes and gained an understanding of their life/struggles?
14. If you could meet the person today, what would you say to them?

15. What has your character/person given you having lived with them? Have they altered you or your views in any way?